



## **DTC – English Language Proficiency**

# English Language Proficiency

## OBJECTIVES

The DTC - English courses are targeted for starter to advanced level English learners who want to learn to improve their English proficiency skills. The courses focus on grammar, vocabulary, listening, reading, speaking, and writing. These courses are taught by a TESOL-certificated native speaker of English with more than six years of English teaching experience in Nepal.

## TARGET GROUP

- Anyone who has little to no knowledge of English, but wants to learn for any purpose.

### Prerequisites:

- Placement test results that place the trainee at CEFR A0.

## TRAINING METHOD

- The course is taught over 60 classroom hours of integrated theory and practice, as well as practical English and media.

## COURSE DURATION

- 60 hours
- Classes
  - ✓ Morning/Evening

## COURSE BREAKDOWN

1. Unit 1
  - Grammar
  - Present Simple of 'be'
  - I & you
  - he, she, & it
  - Vocabulary
  - Numbers 0-10
  - days of the week
  - countries
  - Pronunciation
  - word stress
  - /h/, /aɪ/, and /i/
  - sentence stress
  - /ɪ/, /oʊ/, and /ε/

2. Unit 2
  - Grammar
  - Present Simple of 'be'
  - we, you, & they
  - Wh- and How questions
  - Vocabulary
  - nationalities
  - numbers 11-100
  - personal information
  - Pronunciation
  - word stress
  - /ʃ/ & /tʃ/
  - saying phone numbers
  - sentence stress
3. Unit 3
  - Grammar
  - a/an
  - singular and plural nouns
  - this/that/these/those
  - Vocabulary
  - small things
  - Pronunciation
  - /z/ & /s/
  - plural endings
  - /ð/ & /æ/
4. Unit 4
  - Grammar
  - possessive adjectives
  - possessive s
  - adjectives
  - Vocabulary
  - people and family
  - colors and common adjectives
  - Pronunciation
  - /ə/, /ʌ/, & /ər/
  - /ɔ/, /ɑr/, & /ɔr/
5. Unit 5
  - Grammar
  - simple present: I and you
  - simple present: we, you, & they
  - Wh- questions
  - Vocabulary
  - common verbs 1
  - food and drink
  - Pronunciation
  - /h/, /w/, and /v/
  - linking
  - word stress
  - /tʃ/, /dʒ/, and /g/

6. Unit 6
  - Grammar
  - simple present: he, she, & it
  - adverbs of frequency
  - Vocabulary
  - jobs and places of work
  - a typical day
  - Pronunciation
  - third person singular -s
  - word and sentence stress
  - sentence stress
  
7. Unit 7
  - Grammar
  - word order in questions
  - can/can't
  - Vocabulary
  - common verbs 2
  - Pronunciation
  - /ɛɪ/, /ɑ/, /aʊ/, & /y/
  - /æ/ & /ə/
  - sentence rhythm
  
8. Unit 8
  - Grammar
  - present continuous
  - present continuous or simple present?
  - Vocabulary
  - verb phrases
  - the weather
  - Pronunciation
  - /ʊ/, /u/, & /ɪ/
  - /ɔ/, /oʊ/, & /eɪ/
  
9. Unit 9
  - Grammar
  - there is/there are
  - simple past: 'be'
  - Vocabulary
  - hotels
  - in, on, & under
  - in, at, on
  - places
  - Pronunciation
  - /ɛɪ/, /ɪr/, & /ɔɪ/
  - /əɪ/ & was/were

10. Unit 10

- Grammar
- simple past: regular verbs
- simple past: do, get, go, & have
- Vocabulary
- common verbs 3
- daily routine verbs
- irregular verbs
- Pronunciation
- regular simple past endings
- sentence stress

11. Unit 11

- Grammar
- object pronouns: me, him, etc.
- simple past: more irregular verbs
- Vocabulary
- opinion words
- common verbs 3
- irregular verbs
- Pronunciation
- strong stress
- silent consonants

12. Unit 12

- Grammar
- future: 'be going to'
- review of present, past, and future
- Vocabulary
- future time expressions
- review of verb collocations
- Pronunciation
- sentence stress
- review of sounds
- Exam: Units 1-12

## LEVEL ONE:

### OBJECTIVES

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### COURSE DURATION

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  - ✓ Morning/Evening

### COURSE BREAKDOWN

1. Unit 1
  - Grammar
  - affirmative 'be'
  - subject pronouns: I, your etc.
  - interrogative and negative 'be'
  - possessive adjectives: my, your, etc.
  - Vocabulary
  - days of the week
  - numbers 0-20
  - greetings
  - the world
  - numbers 21-100
  - classroom language
  - Pronunciation
  - vowel sounds
  - word stress
  - /ə/, /tʃ/, /ʃ/, /dʒ/
  - sentence stress
  - /aʊ/, /u/, /aɪ/
  - the alphabet

2. Unit 2
  - Grammar
  - a/an & plurals
  - this/that/these/those
  - adjectives
  - imperatives
  - let's
  - Vocabulary
  - things
  - colors
  - adjectives
  - modifiers: very/really
  - feelings
  - Pronunciation
  - final -s and -es
  - /θ/, /ð/
  - long and short vowel sounds
  - understanding connected speech
  
3. Unit 3
  - Grammar
  - simple present affirmative and negative
  - simple present questions
  - word order in questions
  - Vocabulary
  - verb phrases
  - jobs
  - question words
  - Pronunciation
  - third person -s
  - /ei/
  - sentence stress
  
4. Unit 4
  - Grammar
  - Whose...?
  - possessive 's
  - prepositions of time (at, in, on) and place (at, in, to)
  - position of adverbs and expressions of frequency
  - Vocabulary
  - family
  - everyday activities
  - adverbs and expressions of frequency
  - Pronunciation
  - /ʌ/, the letter o
  - linking and sentence stress
  - the letter h

5. Unit 5
  - Grammar
  - can/can't
  - present continuous
  - simple present or simple continuous
  - Vocabulary
  - verb phrases
  - the weather and seasons
  - Pronunciation
  - sentence stress
  - /ŋ/
  - places in New York City
  
6. Unit 6
  - Grammar
  - object pronouns: me, you, him, etc.
  - like + (verb+ing)
  - review: be or do?
  - Vocabulary
  - phone language
  - the date
  - ordinal numbers
  - music
  - Pronunciation
  - /aɪ/, /i/, and /ɪ/
  - consonant clusters
  - saying the date
  - /y/
  - Exam: Units 1-6
  
7. Unit 7
  - Grammar
  - simple past of be: was/were
  - simple past: regular verbs
  - simple past: irregular verbs
  - Vocabulary
  - word formation: paint > painter
  - past time expressions
  - go, have, get
  - Pronunciation
  - sentence stress
  - -ed endings
  - sentence stress
  
8. Unit 8
  - Grammar
  - simple past: regular and irregular
  - there is/there are, some/any + plural nouns
  - there was/there were
  - Vocabulary
  - irregular verbs



- the house
- prepositions: place and movement
- Pronunciation
- simple past verbs
- /ɛr/ and /ɪr/
- sentence stress
- silent letters

9. Unit 9

- Grammar
- countable/uncountable nouns; a/an, some/any
- quantifiers: how much/how many, a lot of, etc.
- comparative adjectives
- Vocabulary
- food
- food containers
- high numbers
- Pronunciation
- the letters ea
- /ʃ/ and /s/
- /ər/
- sentence stress

10. Unit 10

- Grammar
- superlative adjectives
- be going to (plans), future time expressions
- be going to (predictions)
- Vocabulary
- places and buildings
- vacations
- verb phrases
- Pronunciation
- consonant groups
- sentence stress
- the letters oo

11. Unit 11

- Grammar
- adverbs (manner and modifiers)
- verbs + infinitive
- articles
- Vocabulary
- common adverbs
- verbs that take the infinitive
- the Internet
- Pronunciation
- word stress
- sentence stress
- word stress

12. Unit 12

- Grammar
- present perfect
- present perfect or simple past?
- Review: question formation
- Vocabulary
- irregular past participles
- more irregular past participles
- review: word groups
- Pronunciation
- sentence stress
- irregular past participles
- review: sounds
- Exam: 1-12

## LEVEL TWO:

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  - ✓ Morning/Evening

### COURSE BREAKDOWN

1. Unit 1
  - Grammar
  - word order in questions
  - simple present
  - present continuous
  - Vocabulary
  - common verb phrases; spelling and numbers
  - describing people: appearance and personality
  - clothes; prepositions of place
  - Pronunciation
  - vowel sounds; the alphabet
  - final -s/-es
  - /ə/ and /ər/
2. Unit 2
  - Grammar
  - simple past: regular and irregular verbs
  - pas continuous
  - time sequencers and connectors
  - Vocabulary
  - vacations

- prepositions of time and place: at, in, on
  - verb phrases
  - Pronunciation
  - regular verbs: -ed endings
  - sentence stress
  - word stress
3. Unit 3
- Grammar
  - be going to (plans and predictions)
  - present continuous (future arrangements)
  - defining relative clauses
  - Vocabulary
  - airports
  - verbs+prepositions e.g. arrive in
  - expressions for paraphrasing: like, for example, etc.
  - Pronunciation
  - sentence stress and fast speech
  - sounding friendly
  - pronunciation in a dictionary
4. Unit 4
- Grammar
  - present perfect +yet, just, already
  - present perfect or simple past?
  - Something, anything, nothing, etc.
  - Vocabulary
  - housework, make or do?
  - Shopping
  - adjectives ending -ed and -ing
  - Pronunciation
  - /y/ and /dʒ/
  - c and ch
  - /ɛ/, /oʊ/, and /ʌ/
5. Unit 5
- Grammar
  - comparative adjectives and adverbs, as...as
  - superlatives (+ ever + present perfect)
  - quantifiers, too, not enough
  - Vocabulary
  - time expressions: spend time, etc.
  - describing a town or city
  - health and the body
  - Pronunciation
  - sentence stress
  - word and sentence stress
  - /ʌ/, /u/, /aɪ/, and /ɛ/

6. Unit 6
  - Grammar
  - will/won't (predictions)
  - will/won't (decisions, offers, promises)
  - review of verb forms: present, past, and future
  - Vocabulary
  - opposite verbs
  - verb + back
  - adjectives + prepositions
  - Pronunciation
  - 'll, won't
  - word stress: two syllable words
  - the letters ow
  - Exam: 1-6
  
7. Unit 7
  - Grammar
  - uses of the infinitive
  - uses of the gerund (verb + -ing)
  - have to, don't have to, must, must not, can't
  - Vocabulary
  - verbs + infinitive: try to, forget to, etc.
  - verbs + gerund
  - modifiers: a little (bit), really, etc.
  - Pronunciation
  - weak form of to; linking
  - the letter i
  - sentence stress
  
8. Unit 8
  - Grammar`
  - should
  - first conditional
  - possessive pronouns
  - Vocabulary
  - get
  - confusing verbs
  - adverbs of manner
  - Pronunciation
  - /ʊ/ and /u/, sentence stress
  - linking
  - sentence rhythm
  
9. Unit 9
  - Grammar
  - second conditional
  - present perfect + for and since
  - present perfect or simple past?
  - Vocabulary
  - animals
  - phobias and words related to fear

- biographies
- Pronunciation
- word stress
- sentence stress
- word stress, /əɪ/

10. Unit 10

- Grammar
- passive
- used to
- might
- Vocabulary
- verbs: invent, discover, etc.
- school subjects
- word building: noun formation
- Pronunciation
- /ʃ/, -ed, sentence stress
- used to / didn't use to
- diphthongs

11. Unit 11

- Grammar
- expressing movement
- word order of phrasal verbs
- so, neither + auxiliaries
- Vocabulary
- sports, expressing movement
- phrasal verbs
- similarities
- Pronunciation
- sports
- linking
- sentence stress, /θ/ and /ð/

12. Unit 12

- Grammar
- past perfect
- reported speech
- questions without auxiliaries
- Vocabulary
- verb phrases
- say or tell?
- review
- Pronunciation
- contractions: had/hadn't
- double consonants
- review
- Exam: Units 1-12

## LEVEL THREE:

### OBJECTIVES

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### COURSE BREAKDOWN

1. Unit 1
  - Grammar
  - simple present and continuous, action and non-action verbs
  - future forms: present continuous, going to, will/won't
  - Vocabulary
  - food and cooking
  - family, adjectives of personality
  - Pronunciation
  - vowel sounds
  - sentence stress, word stress, adjective endings
2. Unit 2
  - Grammar
  - present perfect and simple past
  - present perfect + for/since, present perfect continuous
  - Vocabulary
  - money
  - strong adjectives: exhausted, amazed, etc.
  - Pronunciation
  - /ʃ/, /dʒ/, and /tʃ/, linking
  - /ə/, sentence stress, /ðə/ or /ði/

3. Unit 3
  - Grammar
  - comparatives and superlatives
  - articles: a/an, the, no article
  - Vocabulary
  - transportation
  - collocation: verbs/adjectives + prepositions
  - Pronunciation
  - sentence stress
  - silent consonants, linking
  
4. Unit 4
  - Grammar
  - past tenses: simple, continuous, perfect
  - usually and used to
  - Vocabulary
  - sports
  - relationships
  - Pronunciation
  - /ɔr/ and /ər/
  - linking, the letter s
  - Exam: Units 1-4
  
5. Unit 5
  - Grammar
  - passives (all tenses)
  - modals of deduction: might, can't, must
  - Vocabulary
  - movies
  - the body
  - Pronunciation
  - sentence stress
  - diphthongs
  
6. Unit 6
  - Grammar
  - first conditional and future time clauses + when, until, etc.
  - make and let
  - second conditional
  - Vocabulary
  - education
  - houses
  - Pronunciation
  - the letter u
  - sentence stress
  
7. Unit 7
  - Grammar
  - reported speech: sentences and questions
  - gerunds and infinitives
  - Vocabulary



- shopping, making nouns from verbs
  - work
  - Pronunciation
  - the letters ai
  - word stress
8. Unit 8
- Grammar
  - third conditional
  - quantifiers
  - separable phrasal verbs
  - Vocabulary
  - making adjectives and adverbs
  - electronic devices, phrasal verbs
  - Pronunciation
  - sentence stress
  - ough and augh, linking
9. Unit 9
- Grammar
  - relative clauses: defining and non-defining
  - tag questions
  - Vocabulary
  - compound nouns
  - crime
  - Pronunciation
  - word stress
  - intonation in tag questions
  - Exam: Units 1-9

## LEVEL FOUR

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### COURSE DURATION

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### COURSE BREAKDOWN

1. Unit 1
  - Grammar
  - question formation
  - auxiliary verbs; the...the... + comparatives
  - Vocabulary
  - figuring out meaning from context
  - compound adjectives, modifiers
  - Pronunciation
  - friendly intonation, showing interest
  - intonation and sentence rhythm
2. Unit 2
  - Grammar
  - present perfect simple and continuous
  - using adjectives as nouns, adjective order
  - Vocabulary
  - illnesses and injuries
  - clothes and fashion
  - Pronunciation
  - /ʃ/, /dʒ/, /tʃ/, and /k/; word stress
  - vowel sounds

3. Unit 3
  - Grammar
  - narrative tenses, past perfect continuous; so/such...that
  - the position of adverbs and adverbial phrases
  - Vocabulary
  - air travel
  - adverbs and adverbial phrases
  - Pronunciation
  - regular and irregular past forms, sentence rhythm
  - word stress and intonation
  
4. Unit 4
  - Grammar
  - future perfect and future continuous
  - zero and first conditionals, future time clauses
  - Vocabulary
  - the environment, the weather
  - expressions with take
  - Pronunciation
  - vowel sounds
  - sentence stress and rhythm
  
5. Unit 5
  - Grammar
  - unreal conditionals
  - structures after wish
  - Vocabulary
  - feelings
  - expressing feelings with verbs or -ed/-ing adjectives
  - Pronunciation
  - word stress in 3- or 4-syllable adjectives
  - sentence rhythm with intonation
  - Exam: Units 1-5
  
6. Unit 6
  - Grammar
  - gerunds and infinitives
  - used to, be used to, get used to
  - Vocabulary
  - music
  - sleep
  - Pronunciation
  - words that come from other languages
  - sentence stress and linking
  
7. Unit 7
  - Grammar
  - past modals: must, might/may, should, can't, couldn't + have, etc.; would rather
  - verbs of the senses
  - Vocabulary
  - verbs often confused

- the body
  - Pronunciation
  - weak form of have
  - silent letters
8. Unit 8
- Grammar
  - the passive (all forms); it is said that..., he is thought to..., etc; have something done
  - reporting verbs
  - Vocabulary
  - crime and punishment
  - the media
  - Pronunciation
  - the letter u
  - word stress
9. Unit 9
- Grammar
  - clauses of contrast and purpose; whatever, whenever, etc.
  - uncountable and plural nouns
  - Vocabulary
  - advertising, business
  - word building: prefixes and suffixes
  - Pronunciation
  - changing stress on nouns and verbs
  - word stress with prefixes and suffixes
10. Unit 10
- Grammar
  - quantifiers: all, every, both, etc.
  - articles
  - Vocabulary
  - science
  - collocation: word pairs
  - Pronunciation
  - stress in word families
  - pausing and sentence stress
  - Exam: Units 1-10

## LEVEL FIVE:

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### COURSE BREAKDOWN

1. Unit 1
  - Grammar
  - discourse markers (1): connectors
  - have
  - Vocabulary
  - work
  - personality; family
  - Pronunciation
  - word stress and rhythm
  - rhythm and intonation
2. Unit 2
  - Grammar
  - pronouns
  - the past: narrative tenses, used to, and would
  - Vocabulary
  - language terminology
  - word building: abstract nouns
  - Pronunciation
  - sound-spelling relationships
  - word stress with suffixes

3. Unit 3
  - Grammar
  - get
  - discourse markers (2): adverbs and adverbial expressions
  - Vocabulary
  - phrases with get
  - history and warfare
  - Pronunciation
  - words and phrases of French origin
  - stress in word families
4. Unit 4
  - Grammar
  - speculation and deduction
  - adding emphasis (1): inversion
  - Vocabulary
  - sounds and the human voice
  - describing books
  - Pronunciation
  - consonant clusters
  - words with “silent” syllables
5. Unit 5
  - Grammar
  - distancing
  - unreal uses of past tenses
  - Vocabulary
  - time
  - money
  - Pronunciation
  - linking
  - ea and ear
  - Exam: Units 1-5
6. Unit 6
  - Grammar
  - verb + object + infinitive or gerund
  - conditional sentences
  - Vocabulary
  - compound adjectives
  - phone language; adjectives + prepositions
  - Pronunciation
  - intonation in polite requests
  - sounds and spelling: /ʃ/, /tʃ/, /z/, /dʒ/
7. Unit 7
  - Grammar
  - permission, obligation, and necessity
  - verbs of the senses
  - Vocabulary
  - word formation: prefixes

- place and movement
  - Pronunciation
  - intonation in exclamations
  - extra stress on important words
8. Unit 8
- Grammar
  - gerunds and infinitives
  - expressing future plans and arrangements
  - Vocabulary
  - health and medicine; similes
  - travel and tourism
  - Pronunciation
  - word stress
  - homophones
9. Unit 9
- Grammar
  - ellipsis and substitution
  - nouns: compound and possessive forms
  - Vocabulary
  - the natural world
  - preparing food
  - Pronunciation
  - weak and strong pronunciation of auxiliary verbs and to
  - -ed adjective endings and linking
10. Unit 10
- Grammar
  - adding emphasis (2): cleft sentences
  - comparison
  - Vocabulary
  - words that are often confused
  - word building: adjectives, nouns, and verbs
  - Pronunciation
  - intonation in cleft sentences
  - homographs